

# Cricket Blitz

## Rules



### Year 7/8 Boys Only and Girls Only Grades

<b>Team</b>	8 players per team
<b>Overs</b>	16 overs per team Batters change ends after each over
<b>Umpires</b>	Umpires can both umpire and score
<b>Pitch Length</b>	Full size
<b>Ball</b>	Boys use a full size composite ball Girls use an incrediball
<b>Batting</b>	Bat in pairs for 4 overs each, even if batter is 'out'
<b>Dismissals</b>	Minus 3 runs from the total if batter is 'out' Batters switch ends after a dismissal There are no LBWs
<b>Bowling</b>	All players bowl a minimum of 2 overs No player can bowl more than 3 overs All overs are bowled from the same end A 'run up' must not be longer than 10 paces
<b>Extras</b>	2 runs are added for wides and no-balls Wides and no balls are only re bowled in final over Runs scored off an extra are additional to the total A wide is any bowl wider than the return crease A no ball is any ball which bounces over the batters shoulder or is over the batters waist height on the full Runs can be scored off byes and leg byes
<b>Wicketkeepers</b>	Wicketkeepers can bowl but it is not required Boys must wear at least 1 wicketkeeping glove and a box
<b>Fielding</b>	Girls do not have to wear wicketkeeping gloves Fielders are not allowed within 10m of the bat in front of the wicket
<b>Gear</b>	Boys must wear a box, at least 1 pad and gloves. Helmets are recommended but optional Girls do not have to wear pads or gloves

The main goal is to create a FUN environment for young cricketers. These rules are only a guideline, umpires should use their discretion to include every player.

